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| ***EasyFit*** | Today | Recipes | Products | Settings | Inge |
|  | Go to… | New… | New… | Units | Login |
|  |  | My recipes | My products | Users | Logout |
|  |  | All recipes | All products | Products |  |
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| ***EasyFit*** | | | | | | | **Today** | | | | Recipes | | | Products | | Settings | | Inge | | |
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| << | | **Jeudi 24/02/2013** | | | >> | |  | | | |  | | | **27 points** | |  | |  | | |
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| **MATIN** | | |  |  | | | | | **5 points** | | | | Ajouter | |  | **Extras** | | | | **12 points** |
|  | 2 tartines au choco | | | | | | | | 4 | | | | Edit Delete | |  | 12 chocotof | | | | 12 |
|  | 50 ml thé | | | | | | | | 1 | | | | Edit Delete | |  |  | | | |  |
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| **10 HEURES** | | |  |  | | | | | **2 points** | | | | Ajouter | |  |  | | | |  |
|  | 1 biscuit WW | | | | | | | | 2 | | | | Edit Delete | |  |  | | | |  |
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|  | 2 tartines maredsous light | | | | | | | | 8 | | | | Edit Delete | |  |  | | | |  |
|  | 1 café | | | | | | | | 2 | | | | Edit Delete | |  |  | | | |  |
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| **4 HEURES** | | |  |  | | | | | **- points** | | | | Ajouter | |  |  | | | |  |
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| ***EasyFit*** | | | | | | | Today | | | | Recipes | | | **Products** | | Settings | | Inge | | |
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| **All products** | | | | | | | | | | |  | | |  | |  | |  | | |
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| **Product name :** | | |  | | | |  | | Search | | | |  | |  |  | | | |  |
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| **Fav** | | **Name** | | | | **Amount** | | **Unit** | | **Points** | | **Description** | | | | | | | Ajouter | |
| \* | | Café | | | | 1 | | Tasse | | 2 | | Tasse de café, lait, sucre | | | | | | | Edit Delete | |
| \* | | Chocotof | | | | 2 | | Stuk | | 1 | | Chocotoff | | | | | | | Edit Delete | |
|  | | Maredsous light | | | | 20 | | Gr | | 4 | | Tranche de Maredsous Light | | | | | | | Edit Delete | |

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| February 2013 | | | | | | | **Saterday 14 February 2013** | | | | | | | | | | | |
| **L** | **M** | **M** | **J** | **V** | **S** | **D** | L : 27 (+3) | | M : 28 (+2) | | M : 35 (-5) | | J : 26 (+4) | V : 30 (0) | | S : 10 | | D : - |
| *29* | *30* | *31* | 1 | 2 | 3 | 4 |  | | |  | |  | | |  | |  | |
| 5 | 6 | 7 | 8 | 9 | 10 | 11 |  | Matin | | | | | | |  | |  | |
| 12 | 13 | 14 | 15 | 16 | **17** | 18 |  | 2 tartines choco | | | | | | |  | |  | |
| 19 | 20 | 21 | 22 | 23 | 24 | 25 |  | 1 thé | | | | | | |  | |  | |
| 26 | 27 | 28 | 29 | 30 | 31 | *1* |  | 10 heures | |  | |  | | |  | |  | |
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